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Discovering
Rural Europe

SUMMARY ROADBOOK

“L'ACQUACHETA AND L'ALTO TRAMAZZO” CIRCUIT

www.hikingeurope.net

TOPIC OF THE ROUTE:

“L'Acquacheta and l'Alto Tramazzo” circuit

ONE HIGHLIGHT TITLE OF THE ROUTE:

3 days trip along 2 beautiful valleys in the National Park of Casentinesi Forests

SCHEMATIC TRAIL MAP WITH NUMBER OF STAGES:



SMALL ARTICLE ABOUT THE HIGHLIGHTS:

From San Benedetto in Alpe, we cross the “Sentiero Natura” trail as far as the Acquacheta waterfall, which Dante mentioned in the XVI canto of Inferno. In its final part, the path climbs steeply to a panoramic viewpoint from where it is possible to admire the waterfall, before we

reach a magnificent plain, Piana dei Romiti. This is the precise point where a hermitage, founded by the monks of the Abbey of Saint Benedict, once stood.

From Piana dei Romiti, beyond Mount Londa and near the hamlet of Crocione, in an extraordinary natural setting, we reach our first stop - Toschi or Santa Maria Hermitage. On the second day, after walking back along a stretch of forest track that we covered the previous day, we venture onto a large pasture on the ridge that leads to Peschiera Pass, before continuing along the watershed between Montone and Lamone Basins, until we reach the Sentiero Natura trail at Ponte Lake. From here, it's just a short distance to Casa Ponte Refuge in the Tramazzo Valley, the second stop on our walk. The third day is dedicated to our return journey; the trail offers us a delightful and shaded descent, as well as spectacular views of the Alpe di San Benedetto. Our return to the village is via the upper and historically older part known as Il Poggio, where we find the remains of one of the oldest Benedictine abbeys, founded around the year 1000 by Saint Romuald, founder of the Camaldolese Order.

NAME OF THE ROUTE: “L'Acquacheta and l'Alto Tramazzo” circuit

INTRODUCTORY TEXT: Three days of walking along the Acquacheta valley and the Tramazzo High Valley. This tour will lead us to the famous waterfall, cited by Dante in the XVI Inferno's canto, through old farms, some of which still inhabited today, and ancient mills, sign of the past presence of man.

DESCRIPTION OF EACH STAGE / DAY:

DAY 1 – From San Benedetto to Alpe a Il Crocione:

from San Benedetto in Alpe, the Acquacheta Sentiero Natura trail leads to the famous waterfall mentioned by Dante in the XVI Canto of Inferno. Climbing gently along the path, we soon get to Cà del Rospo barracks and the ancient Romiti Mill that bear witness to a past settlement in the valley. The path climbs to Piana dei Romiti, a beautiful plain surrounded by steep slopes, and the foot of Mount Lavane

From Romiti, our journey continues to Balze Trafossi and Mount Londa. A little further on, we reach the forest track, which we take as far as the junction in the hamlet of Il Crocione and from here, we continue to Toschi or Santa Maria Hermitage.

DAY 2 – From Eremo dei Toschi to Lago di Ponte:

we walk back along the forest track we covered the previous day as far as the junction with the path that descends to Piana dei Romiti and the Lavane Waterfalls.

From the panoramic point overlooking Acquacheta Waterfall, we climb to Poggio dell'Inferno. The demanding walk is alleviated by the splendid views of the wide-open fields and the ridge, which leads from Mount Lavane to Peschiera Pass. Beyond Peschiera Pass we continue to climb the ridge between the Montone and Lamone Basins, from where we can admire Gamogna Hermitage. Once in Cozzo del Diavolo, we descend to Tramazzo forest track and continue as far as Poggio Gurioli. From here, the nature trail leads us as far as Casa Ponte Refuge

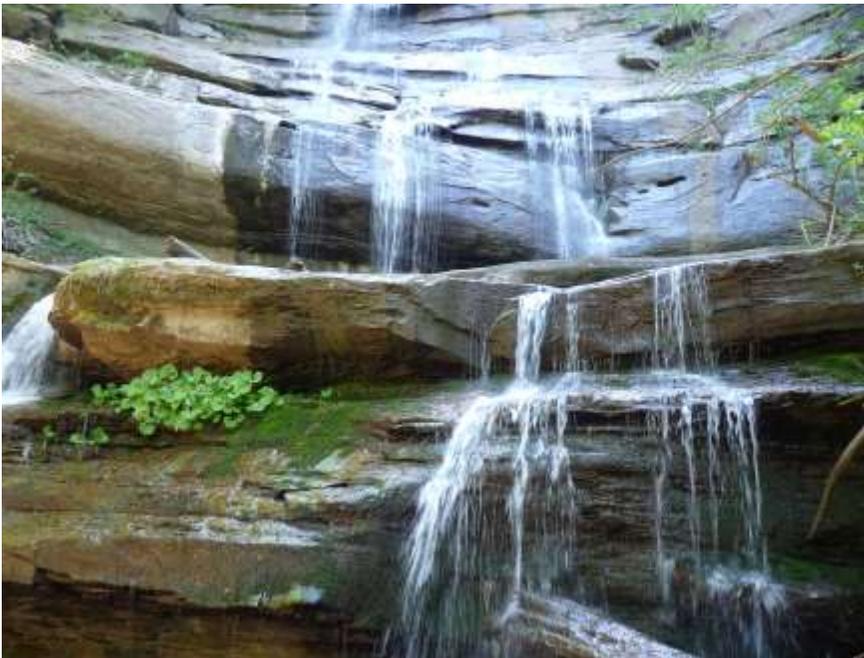
DAY 3 – From Lago di Ponte to San Benedetto in Alpe:

we climb once again to Colla del Tramezzo and once on the forest track, we head towards Mount Collina, turning right after a few hundred metres: a delightful descent leads us directly to the starting point of the circuit. Initially, under the shade of the beech trees, the path soon opens up and offers splendid view of the Alpe di San Benedetto. In Poggio, the oldest part of San Benedetto, we find the remains of one of the oldest Benedictine abbeys, founded around the year 1000 by Saint Romuald, father of the Camaldolese Order. After visiting the church and the ancient crypt, we descend to the lower part of the village and from here, return to the departure point.

Benedetto, il Poggio, troviamo i resti di una delle più antiche abbazie benedettine, fondata attorno all'anno Mille da San Romualdo, padre dell'ordine dei Camaldolesi. Dopo la visita alla chiesa e all'antica cripta, potremo scendere alla parte bassa del paese e da qui al punto di partenza.

PACKAGES RELATED TO THE ROUTE: The package's duration is 3 days and 2 nights. The fee of the package includes: the accommodation in facilities with two days of treatment full board, the transfer and return from Cesena station to San Benedetto in Alpe, the environmental guide for three days.

The package does not include the luggage transport during the journey, the general extras and everything not indicated in "the sum includes".



GENERAL PRACTICAL INFORMATION:

Difficulty Level: E – hikers

Situation: departure by local train from Bologna Centrale to Cesena and transfer from Cesena station to San Benedetto in Alpe.

Number of stages / days: 3 stages

Total Distance: 34 km

Total estimated time: 15 h

Cumulative elevation gain: +1590 m

Cumulative elevation loss: -1607 m

Maximum altitude (m): 1098 m (Poggio dell'Inferno)

Minimum altitude (m): 499 m (San Benedetto in Alpe)

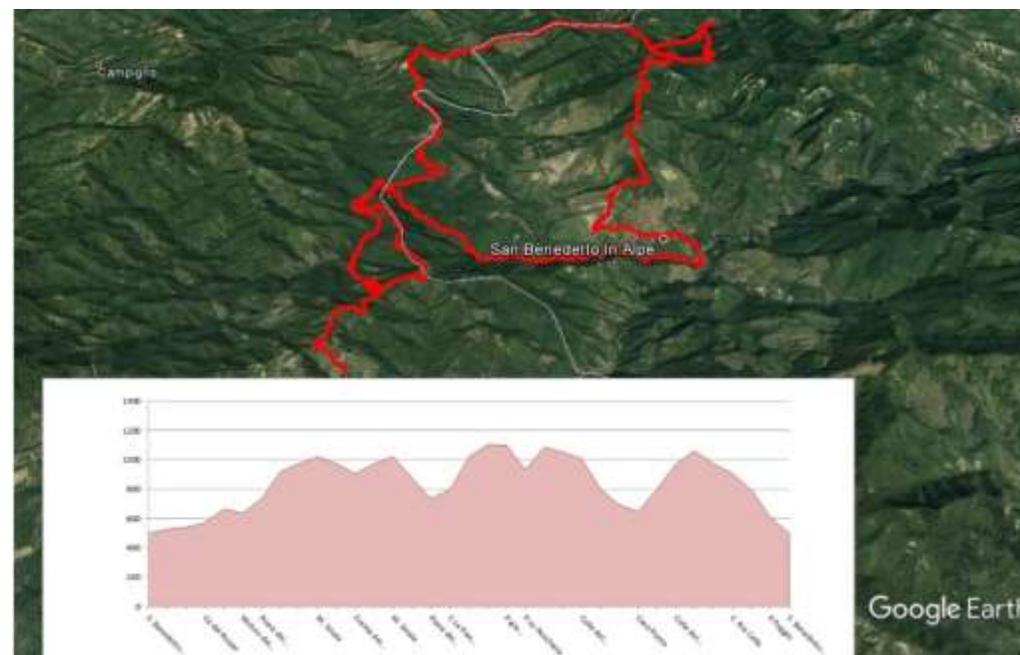
Signposting: red and white markings CAI (Club Alpino Italiano), "Foreste Sacre" trail mark

Additional information or advice:

Although it does not have any particularly difficult stretches, we recommend only tackling this circuit if you have a good level of training. We also recommend wearing suitable footwear as, at certain times of the year, some

parts of the path close to Acquacheta Waterfall could be slippery, due to the presence of water.

General Topographic Profile:



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